
BIO FOR GIDEON ENZ, CO-FOUNDER OF TRILOKA

Having been introduced to Asian spiritual practices in early childhood, Gideon spent his teen years intensively studying yoga, music, meditation, and martial arts. He later moved to India, where he spent the next 5 years studying and refining these arts with yogis and teachers throughout India, Nepal, Thailand, and Sri Lanka.

YOGA

While he spent much of his time living and training with various little-known yogis and ascetics during his years in the Himalayas, Gideon also studied yoga at world-renowned ashrams such as the Sivananda Ashram, the Omkarananda Ashram, and the Neem Karoli Baba Ashram; he received his advanced certificate in yogic studies from the Bihar School of Yoga.

TRADITIONAL HEALING

While living in the Himalayas, Gideon was drawn to the formal study of both Ayurvedic and Chinese medicine through training in traditional massage and herbal therapies. When he returned to the USA, he studied at the International Institute of Medical Qigong, where, after years of academic and clinical training, he was awarded a doctorate in Chinese Medical Qigong Therapy (DMQ) through the Western District Medical Qigong Science & Traditional Chinese Medicine Research Institute. He is currently studying herbology both at the East-West Herbal Academy and with Master Duan Zhi Liang.

MEDITATION & SPIRITUALITY

From 2000 to 2003, Gideon deepened his understanding of meditation and enhanced his energetic skills with a comprehensive three-year clairvoyant training program through the Berkeley Psychic Institute. Afterwards he returned to intensively study various Asian mystical traditions, eventually becoming a Daoist priest through the ancient Long Hu Shan Monastery in southeastern China.

MARTIAL ARTS

Trained in *shaolin gong-fu* and *shotokan karate* as a youth, Gideon specializes in Chinese internal *gong fu* (*kung-fu*). He is a master instructor (*shifu*) in *Chen* and *Yang* family *taiji quan* (*tai-chi*), and is currently studying *hua jing* (metaphysical boxing) and *ba gua zhang* (8 trigram palm). Gideon also practices Primordial Chaos Qigong, a secret martial system passed to him by Master Duan Zhi Liang, an elusive master of both medicine and martial arts who was born and raised inside the Imperial Palace before the fall of the Qing dynasty.

PROFESSIONAL EXPERIENCE

In addition to teaching local and international classes and workshops, Gideon maintains a Chinese medicine clinic in Los Gatos, California. He travels regularly to further his skill and understanding of ancient martial, medical, and spiritual training systems also brings groups to Asia to study medicine and mysticism.

BOOKS, ARTICLES, & PUBLICATIONS

Gideon is the chief editor of the five-volume textbook series used in most Master's degree qigong programs, having worked together with founder Jerry Alan Johnson to produce the first comprehensive English language account of the history and practice of medical qigong. He has also edited and contributed to more than half a dozen other books on qigong and Daoist mysticism.

YOGA TRAINING

KRIYA, TANTRA, & KUNDALINI YOGA

Kriya Yoga (in lineage of Babaji, through S.S. Ramaih and M. Govindan):

- Advanced Level: M. Govindan - Eastman, Quebec, Canada 2010
- Intermediate Level: Rudradev - Hayward, CA. 2003
- Foundation Level: Rudradev - Santa Cruz, CA. 2002

Advanced Kundalini Yoga Balyogi Prembarnji - Rishikesh, Uttaranchal Pradesh, India 1998, 1999, 2008

Advanced Kriya Yoga Swami Narayana Das - Rishikesh, Uttaranchal Pradesh, India 1998, 1999, 2008

Tantric Yoga & Shaktipath (three months) Kutta Baba - Rishikesh, Uttar Pradesh, India 1996-1997

HATHA YOGA

Yin Yoga Teacher Training Yin Yoga Founder Paulie Zink:

- Level 2 – Chicago, IL. 2013
- Level 1 – Chicago, IL. 2012

Yin and Yang Yoga Paulie Zink – Chicago, IL. 2012

Advanced Hatha Yoga Kofi Buscia:

- Five-Day Intensives Santa Cruz, CA. 2001, 2002
- Five-Day Intensive Los Gatos, CA. 2003
- Classes 2001-2003

Yin Yoga Paul Grilley – Los Gatos, CA. 2000, 2001, 2002

Returning to the Source: Journey to the Heart of Yoga T. K. V. Desikachar & Kausthub Desikachar - Tenaya Lodge, Yosemite, CA. 2002

Deepening Your Practice Retreat White Lotus Foundation Founders Tracey Rich & Ganga White - Los Gatos, CA. 2000

Yoga Asana (forward bends & backbends) Patanjali Yoga Center - Ganga Sadan, Rishikesh, Uttar Pradesh, India 1998

Yoga Asana Sharat - Himalayan Yoga Center, Dharamsala, India:

- Intermediate Level: 1998
- Foundation Level: 1998

Hatha Yoga (one month) Safedwala Brahmachari - Sivananda Ashram, Rishikesh, Uttar Pradesh, India 1996

Iyengar-Style Hatha Yoga Intensive Rudra Brahmachari - Yoga Studies Center, Rishikesh, Uttar Pradesh, India 1996

Hatha Yoga (three months) Swami Sivanandakhanabanawala - Sivananda Ashram, Rishikesh, Uttar Pradesh, India 1996

Iyengar-Style Hatha Yoga Pune, India 1996

Hatha Yoga (one month) Udawella Meditation Center – Udawella, Sri Lanka. 1995

Hatha Yoga (one month) Various Instructors - Sivananda Ashram, Rishikesh, Uttar Pradesh, India 1994

Hatha Yoga Staff Instructors – Yoga Niketan, Rishikesh, Uttar Pradesh, India 1994

Iyengar Yoga Various Instructors Lama Foundation, San Cristobal, NM. 1992

YOGIC TECHNIQUES

Bhakti Yoga (two months) Vrindavan - Uttar Pradesh, India 1997

Pranayama, Mudra, & Bandha Swami Samarthparananda – Rishikesh, Uttar Pradesh, India 1996

Yogic Studies—Four-Month Certificate Course Bihar School of Yoga - Munger, Bihar, India 1996

Yoga Integrated with Ayurveda, Herbal Therapy, & Nature Cure Various instructors - Rishikesh, Uttar Pradesh, India 1996

Bhakti Yoga (two months) Vrindavan - Uttar Pradesh, India 1996

Bhakti Yoga (two months) Vrindavan - Uttar Pradesh, India 1994

Bhakti Yoga (one month) Kainchi, Uttar Pradesh, India 1994

TRADITIONAL HEALING

HERBOLOGY & CHINESE MEDICINE

Apprenticeship in Classical Chinese Medicine: Grandmaster Duan Zhi Liang - Beijing, China. 2007, 2010, 2011, 2012

Herbs and Herbal Formulation in Classical Chinese Medicine: Grandmaster Duan Zhi Liang - Beijing, China. 2007, 2010, 2011, 2012

East-West Herbology: Dr. Michael Tierra & Dr. Leslie Tierra - Ben Lomond, CA:

- Herbal Studies Intensive, Intermediate Level 2007
- Herbal Studies Intensive, Foundation Level 2004
- East West Herb Course (Theory & Practice) 2000 to present

Professional Internship in Acupuncture, Herbal Therapy, Moxibustion, & Traditional Chinese Medicine: Dr. Michael Burton - Green Eyed Tiger Oriental Medicine, Santa Cruz, CA. 1999-2000

Native American Medicine, Plant Identification, Wilderness Survival & Tracking:

- Gila, NM. 1990-1992
- Weeklong Wilderness Intensive with Brandt Morgan – Santa Fe, NM. 1991

MEDICAL QIGONG (CHI KUNG) THERAPY

Medical Qigong Therapy: Clinical Internship Grandmaster Duan Zhi Liang - Beijing, China. 2007, 2010, 2011, 2012

Primordial Chaos Qigong: (Healing Applications) Grandmaster Duan Zhi Liang - Beijing, China. 2007, 2010, 2011, 2012

Hua Shan Lineage Daoist Healing Qigong: Eva Wong - San Francisco, CA:

- Level 3 2010
- Level 2 2007, 2010
- Level 1 2007

Doctor of Medical Qigong: Awarded by the Western District Medical Qigong Science & Traditional Chinese Medicine Research Institute (Beijing China) 2004

Medical Qigong: Dr. Jerry Alan Johnson - International Institute of Medical Qigong, Pacific Grove, CA:

- Doctorate in Medical Qigong Therapy (DMQ) Awarded 2003

- Clinical Internship in Medical Qigong for Oncology 2002-2003
- Medical Qigong Therapy for Oncology, Theory & Training 2001-2003
- Master of Medical Qigong Therapy (MMQ) Awarded 2002
- Clinical Internship in Medical Qigong 2000-2002
- Master of Medical Qigong Therapy, Theory & Training 2000-2002
- Medical Qigong Practitioner (MQP) Awarded 2000
- Traditional Chinese Medicine 2000
- Foundations of Medical Qigong 1999-2000

Medical Shen Gong (Daoist meditation training for healing & medical purposes) Dr. Jerry Alan Johnson
– International Institute of Medical Qigong, Pacific Grove, CA. 2000-2003

Healing Qigong Lee Holden – Los Gatos, CA. 1999-2001

Six Healing Sounds Qigong Lee Holden – Los Gatos, CA. 2000

Daoist & Buddhist Healing Qigong Shifu Nicholas Dibona – Silver City, NM. 2000

Zen Shiatsu & Chinese Medicine Sakkis Sensei - Dharamsala, India:

- Level 3 Diploma 1998
- Level 2 1998
- Level 1 1998

Reiki Level 1 Zefat, Israel 1997

Macrobiotics & Natural Medicine Gila, Silver City, Santa Fe, & Taos, NM. 1990-1994

MEDITATION & SPIRITUALITY

Kashmiri Shaivite Tantric Practice: Tantra, Ritual, and Meditation: Initiation & Advanced Instruction Lama Larry Short - Pacific Grove, CA. 2007-2010

Bon Tantra, Ritual, and Meditation: Initiation & Advanced Instruction Lama Larry Short - Pacific Grove, CA. 2007-2010

Tibetan Nyingma Tantra, Ritual, and Meditation: Initiation & Advanced Instruction Lama Larry Short - Pacific Grove, CA. 2007-2010

BUDDHIST MEDITATION

Advanced Vipassana Intensive: Dhamma Sikhara - Dharamsala, Himachal Pradesh, India 1998

Vipassana, Zen, & Vedanta: Udawella Meditation Center – Udawella, Sri Lanka 1995

Vipassana & Mindfulness: Nilambe Meditation Center - Nilambe, Sri Lanka 1995

Advanced Meditation: Wat Tapotaram (A.K.A. Wat Rampoeng): - Chiang Mai, Thailand 1995

Anapanasati & Vipassana Meditation: Wat Tapotaram (A.K.A. Wat Rampoeng) - Chiang Mai, Thailand 1995

Meditation & Kriya: Temple of the Candle - Bangkok, Thailand 1995

Meditation & Mindfulness: Malaysian Meditation Center - Panang, Malaysia. 1995

Meditation & Monasticism: Wat Tam Lod Cave - Mae Hong Son, Thailand 1995

Theravadan Buddhist meditation (training as a novice monk): Bangkok, Thailand 1995

Vipassana Meditation: Sharon Salzburg & Joseph Goldstein - Lama Foundation, San Cristobal, NM 1992

Vipassana Meditation in the tradition of Satya Narayan Goenka:

- Derha Dun, Uttar Pradesh, India 1998
- Dharamsala, Himachal Pradesh, India 1997, 1998
- Buddhanilkantha, Kathmandu, Nepal. 1994, 1995
- Sarnath, Uttar Pradesh, India 1994

DAOIST MYSTICISM TRAINING

Daoist Mysticism Abbot Zhang & monastery staff - Lung Hu Shan (Dragon-Tiger Mountain) Monastery, Jiangxi Province, China:

Advanced Initiation & Instruction 2007

Initiation as a Daoist priest: lineage of the Celestial Master's Monastery 2007

Zheng-Yi sect Daoist Mysticism & Magic 2005

Daoist Mysticism & Spirituality Classes Dr. Jerry Alan Johnson - Temple of the Celestial Cloud, Pacific Grove / Monterey, CA:

- Daoist Internal Alchemy 2002-2010
- Daoist Spiritual Qigong 2002-2010
- Daoist Spiritual Shen Gong 2002-2010
- Daoist Mantras & Incantations 2006-2008
- Daoist Mineral Magic 2005-2008
- Daoist Plant & Animal Magic 2007
- Daoist Dream Magic & Astral Projection 2005-2007
- Daoist Magical Tools & Hand Seals 2006
- Daoist Star Stepping Patterns 2005-2006
- Daoist Thunder Magic 2005

Daoist Mysticism & Spirituality Intensives Dr. Jerry Alan Johnson - Temple of the Celestial Cloud, Pacific Grove, CA:

- Daoist Mysticism Level 3 2007
- Daoist Mysticism Level 2 2006
- Daoist Mysticism Level 1 2005

Ancient Daoist Original Form Qigong Training: Tian Shi Tudi - Santa Cruz, CA. 2001

WESTERN SPIRITUAL TRAINING

LANDMARK EDUCATION SAN JOSE, CA.

The Introduction Leader's Program 2007

Living Powerfully 2006

Living a Created Life 2005

Communication: Power to Create, 2005

Communication: Access to Power, 2005

Landmark Forum Review 2005

Integrity Seminar 2005

Curriculum for Living 2004

Self-Expression-and-Leadership 2004

Causing the Miraculous 2004
Commitment Seminar 2004
Landmark Forum Advanced Course 2004
Landmark Forum 2004

BERKELEY PSYCHIC INSTITUTE BERKELEY, CA

Graduate of the Clairvoyant Program 2003
The Erasure Lectures (advanced clairvoyant training retreat) 1 & 2 2002
Male-Female Communication 1 & 2 2001-2002
Male Energy 1 & 2 2000-2001
Healing 1, 2 & 3 1999-2001
Meditation 1, 2 & 3 1999-2001

WESTERN MYSTICISM

Sufi Meditation Qadiri Murshid - Lama Foundation, San Cristobal, NM 1993
Sufi Meditation Various Instructors - Lama Foundation, San Cristobal, NM. 1992-1994
Dhikr (Theory & Practice) Various Instructors - Lama Foundation, San Cristobal, NM. 1992-1994
Sufi Dances Various Instructors - Lama Foundation, San Cristobal, NM. 1992-1994
Advanced Sufi Theory & Meditation Pir Vilayat Khan – Tucson, AZ 1992
Meditation Retreat Staff - Lama Foundation, San Cristobal, NM. 1992
Psychic Training Rev. Susan Baldwin, Santa Fe, NM. 1993-1994
Psychic Training & Esoteric Meditation Roger Son Szu, PhD. - Gila, NM. 1990-1992
Native American Shamanism Andrew Fiedler – Gila, NM 1990-1994

KRISHNAMURTI STUDIES

School of Wisdom (2 month program on the life & teachings of Jiddu Krishnamurti) Theosophical Society World Headquarters - Madras, India 1996
Three-Month Immersion (Inquiry & Dialogue) Krishnamurti Foundation - Vasanta Vihar, Madras, India 1995-1996

MARTIAL ARTS

CHEN STYLE TAIJIQUAN (TAI CHI CHUAN)

Shifu (Master Instructor) training: Shifu Jerry Alan Johnson. Pacific Grove, CA 2001-2010
Chen style original form, *Lao Jia Yi Lu*: Shifu Lee - Sunnyvale, CA. 2002
Chen style original form, *Lao Jia Yi Lu*: Shifu Ren Guan Yi - Tiger Claw Martial Arts, Fremont, CA. 2001, 2002
Chen style short form: Shifu Ren Guan Yi - Tiger Claw Martial Arts, Fremont, CA. 2001, 2002

YANG STYLE TAIJIQUAN (TAI CHI CHUAN)

Shifu (Master Instructor) training: Shifu Jerry Alan Johnson. Pacific Grove, CA. 2002-2007

Yang style 108 form: Lee Holden- Los Gatos, CA. 1999-2001

Yang style Cheng Man Ching form: Shifu Nicholas Dibona- Gila, NM. 1990-1994, 1999-2000

BA GUA ZHANG (PA KUA CHANG)

Shifu (Master Instructor) training: Shifu Jerry Alan Johnson. Pacific Grove, CA. 2002-2010

MARTIAL QIGONG (CHI KUNG)

Primordial Chaos Qigong (weapons applications): Grandmaster Duan Zhi Liang- Beijing, China.
2010, 2011, 2012

Primordial Chaos Qigong (martial applications): Grandmaster Duan Zhi Liang- Beijing, China. 2007,
2010, 2011, 2012

Wudan Martial Qigong: Shifu Jerry Alan Johnson. Monterey, CA. 2002-2010

Wudan Martial Shen Gong Meditation: International Institute of Medical Qigong, Monterey, CA.
2002-2010

Hun Yuan Wudan Qigong: Shifu Jerry Alan Johnson. Pacific Grove, CA. 2000-2005

Iron Shirt Qigong: Shifu Jerry Alan Johnson. Pacific Grove, CA. 2002-2003

Yang Family Qigong: Shifu Jerry Alan Johnson. Pacific Grove, CA. 2002-2003

Daoist Qigong: Shifu Nicholas Dibona- Gila, NM. 1999-2000

Shaolin Qigong: Shifu Nicholas Dibona- Gila, NM. 1999-2000

Brazilian jiu-jitsu: Lotus Jiu Jitsu Club, Ipiranga, Sao Paulo, Brazil. 2008

Liu Hu Ba Fa Water Boxing: Shifu Nicholas Dibona- Gila, NM. 1992-1994, 1999-2000

Shaolin Gong-fu: Shifu Nicholas Dibona- Gila, NM. 1990-1994, 1999-2000

Shotokan Karate: Shifu Nicholas Dibona- Gila, NM. 1990-1994, 1999-2000

PROFESSIONAL EXPERIENCE

SF BAY AREA

BREATHE - Los Gatos, CA. 2011 to present

Courtside Club - Los Gatos, CA. 1999 to present

Temple of the Celestial Cloud, Pacific Grove, CA. 2005-2010

Reformation Studios - Almaden, CA. 2004-2010

Hakone Foundation - Saratoga, CA. 2007-2009

Hindu Swayam Sevak - Sunnyvale, CA. 2005, 2006

Los Gatos Swim and Racquet Club - Los Gatos, CA. 1999-2006

Dancing Yogi - Saratoga, CA. 2003-2005

Los Gatos-Saratoga Recreation Center - Los Gatos, CA. 1999-2004

Los Gatos Athletic Club - Los Gatos, CA. 1999-2003

CORPORATE LOCATIONS:

Gardner Family Care Corporation - San Jose, CA. 2008 to present

Agilent Technologies - Santa Clara, CA. 2010

Selectica Inc. - Santa Clara, CA. 2003-2006

Symantec Corporation - Sunnyvale, CA. 2002-2003

Apple Computer Company - Sunnyvale, CA. 2002-2003

Netscape - Sunnyvale, CA. 2002-2003

OTHER TEACHING LOCATIONS

California Polytechnic State University, CA. 2009

Boulder Creek, CA. 1999-2007

River Oaks - Houston, TX. 2004

Cotuit - Cape Cod, MA. 2003

Amirim - Zefat, Israel 1997

Dharamsala - Himachal Pradesh, India 1997

Rishikesh - Uttar Pradesh, India 1996, 1997, 1998

Vasanta Vihar Krishnamurti Center - Madras, India 1996

Udawella Meditation Center - Udawella, Sri Lanka 1995

Amritapuri Ashram - Karunagappally, Kerala, India 1995

Anandashram - Kanhangad, Maharashtra, India 1995

Lama Foundation - San Cristobal, NM.. 1992-1994

MARTIAL ARTS TEACHING

Taiji quan:

- Los Gatos, CA. 2010 to present
- Temple of the Celestial Cloud - Monterey, CA. 2007-2010
- International Institute of Medical Qigong, Pacific Grove, CA. 2004-2005
- Boulder Creek, CA. 1999-2007
- Los Gatos Athletic Club - Los Gatos, CA. 1999-2004
- Courtside Club - Los Gatos, CA. 1999-2004
- Gila, NM. 2000
- Amirim - Zefat, Israel 1997
- Lama Foundation - San Cristobal, NM. 1992-1994

Neigong (Assistant Instructor): Temple of the Celestial Cloud - Pacific Grove, CA. 2004-2008

Shaolin Gong-fu: Lama Foundation - San Cristobal, NM. 1992-1994

Wilderness Survival, Plant Identification, Tracking, and Primitive Tool Making:

- Lama Foundation – San Cristobal, NM. 1992-1994

WORKSHOPS & LECTURES

YOGA & MEDITATION WORKSHOPS AND LECTURES

Daoist Yoga – Awakening the Dragon Body: Breathe Studio – Los Gatos, CA. 2012

Beyond Asana - The Hidden Arts of Yoga: Willow Glen Yoga - Willow Glen, CA. 2010

Yoga & Meditation: Courtside Club - Los Gatos, CA. 2010

Chanting in Yoga: Courtside Club - Los Gatos, CA. 2008

Yoga for Sleep: Courtside Club - Los Gatos, CA. 2008

Introduction to Meditation:

- Breathe Studio – Los Gatos, CA 2010
- Courtside Club - Los Gatos, CA. 2008
- Hakone Gardens – Saratoga, CA 2007

Partner Yoga:

- Courtside Club - Los Gatos, CA. 2001, 2002, 2004, 2008
- Los Gatos Athletic Club - Los Gatos, CA. 2001, 2002, 2003

The Yoga of Breathing: Reformation Studios - Los Gatos, CA. 2004

Deep Yoga: Courtside Club - Los Gatos, CA. 2003

Using Yoga and Qigong in the Modern World: Ergonomics Symposium - San Francisco, CA. 2003

Total Yoga: Los Gatos Athletic Club - Los Gatos, CA. 2001, 2002

Natural Health in a Modern World: Longs Drugs International Headquarters - Walnut Creek, CA. 1999

Indian Yoga for Chinese Meridians: Dharamsala - Himachal Pradesh, India. 1998

Meditation and Stress Relief: Golf Country Resort - Chiang Mai, Thailand. 1995

QIGONG (CHI KUNG) & TAIJI (TAI CHI) WORKSHOPS

Medical Qigong Clinic, Supervising Doctor:

- International Institute of Medical Qigong – Monterey, CA. 2009-2010
- Sao Paulo, Brazil 2009
- International Institute of Medical Qigong – Pacific Grove, CA 2003-2008

Introduction to Medical Qigong:

- Breathe Studio – Los Gatos, CA. 2011
- University of East-West Medicine – Santa Clara, CA. 2010, 2011, 2012
- International Institute of Medical Qigong – Monterey, CA. 2009
- Sao Paulo, Brazil 2008, 2009
- Courtside Club – Los Gatos, CA. 2008
- Core Movement Center – Nevada City, CA. 2008
- Harbin Hot Springs - Middleton, CA. 2005-2006
- International Institute of Medical Qigong (assistant instructor) – Pacific Grove, CA 2003-2005

Medical Qigong Treatment Protocols:

- International Institute of Medical Qigong – Monterey, CA. 2009
- Sao Paulo, Brazil 2008, 2009

- Sunnyvale, CA. 2008
- International Institute of Medical Qigong (assistant instructor) – Pacific Grove, CA 2003-2005

Medical Qigong Techniques for Refining Clinical Practice:

- International Institute of Medical Qigong – Monterey, CA. 2009
- Sao Paulo, Brazil 2008
- Sunnyvale, CA. 2008
- International Institute of Medical Qigong (assistant instructor) – Pacific Grove, CA 2003-2005

Medical Qigong for Internal Organ Diseases and Prescription Exercises:

- Sao Paulo, Brazil 2009
- International Institute of Medical Qigong – Monterey, CA. 2009
- International Institute of Medical Qigong (assistant instructor) – Palm Desert, CA. 2007
- Harbin Hot Springs - Middleton, CA. 2007
- International Institute of Medical Qigong (assistant instructor) – Pacific Grove, CA 2003-2005

Medical Qigong Therapy - Advanced Level - Medical Qigong Therapist:

- International Institute of Medical Qigong (assistant instructor) – Pacific Grove, CA 2003-2005

Medical Qigong Therapy - Masters Level - Master of Medical Qigong:

- International Institute of Medical Qigong (assistant instructor) – Pacific Grove, CA 2004-2005

Medical Qigong for Doctors of Chinese Medicine:

- University of East West Medicine, Santa Clara, CA. 2013

Medical Qigong Therapy for Oncology:

- Assistant Instructor: Sao Paulo, Brazil 2007

Qigong for Healers: East-West Herb Seminar – Ben Lomond, CA. 2008

Qigong for Relaxation and Stress Relief: M3 Learning – Saratoga, CA. 2002, 2003, 2004, 2005

Qigong and Taiji for Beginners:

- Courtside Club – Los Gatos, CA. 1999-2002, 2010
- Los Gatos Athletic Club – Los Gatos, CA. 1999-2002

THE WAY OF TEA

The Story of Tea (The amazing tale of the world's most popular beverage): Mandala Tea House, Los Gatos, CA

- 2010, 2011, 2012, 2013

LANDMARK EDUCATION WORKSHOPS

Production Assistant: Landmark Education - San Jose, CA:

- Introduction to the Landmark Forum 2004 - 2007
- Landmark Forum 2004, 2005, 2007
- Landmark Advanced Course 2004, 2006
- Landmark Forum for Young People 2005
- Landmark Forum for Teens 2004

PROFESSIONAL PRACTICE

MEDICAL QIGONG (CHI KUNG) & CHINESE MEDICINE

Los Gatos, CA, 2008 to present

Reformation Studios - Almaden, CA. 2004-2007

Boulder Creek, CA. 2002- 2007

River Oaks - Houston, TX. 2004

International Institute of Medical Qigong - Pacific Grove, CA. 2001-2004

Los Gatos Athletic Club - Los Gatos, CA. 2001-2004

SHIATSU THERAPY

Reformation Studios - Almaden, CA. 2004-2007

Los Gatos Athletic Club - Los Gatos, CA. 1999-2004

River Oaks - Houston, TX. 2004

Rishikesh - Uttar Pradesh, India 1998, 1999

Dharamsala - Himachal Pradesh, India 1997, 1998, 1999

PSYCHIC HEALING

Associate Minister, Church of Divine Man - Berkeley, CA. 2003-2005

Professional Aura Reader, Berkeley Psychic Institute - Berkeley Campus & Mountain View Campus, CA.
2002-2003

Psychic Healer, Berkeley Psychic Institute - Berkeley, CA. 2002-2003

BOOKS, ARTICLES, AND PUBLICATIONS

Contributing Author: Energy Medicine East and West, a Natural History of Qi, Elsevier publishing, 2011

Chief Editor and Contributing Author: with author Dr. Jerry Alan Johnson - Temple of the Celestial Cloud, Monterey - CA

- Daoist Magical Transformation Skills, Dream Magic, Shape-Shifting, Soul Travel, and Sex Magic 2008
- Daoist Plant and Animal Magic 2007
- Daoist Exorcism: Encounters with Sorcerers, Ghosts, Spirits, and Demons 2007
- Daoist Magical Incantations, Hand Seals, and Star Stepping Patterns 2007
- Daoist Feng Shui and Weather Magic 2007
- Daoist Mineral Magic 2007
- Magical Tools and the Daoist Altar 2006
- Absorbing the Riches of The Profound 2006

Chief Editor and Contributing Author: with author Dr. Jerry Alan Johnson - International Institute of Medical Qigong, Pacific Grove - CA

- Chinese Medical Qigong Therapy Volume 5: An Energetic Approach to Oncology 2005

- Chinese Medical Qigong Therapy Volume 4: Prescription Exercises and Meditations, Treatment of Internal Diseases, Pediatrics, Geriatrics, Gynecology, Neurology and Energetic Psychology 2005
- Chinese Medical Qigong Therapy Volume 3: Differential Diagnosis, Clinical Foundations, Treatment Principles and Clinical Protocols 2004
- Chinese Medical Qigong Therapy Volume 2: Energetic Alchemy, Dao Yin Therapy and Qi Deviations 2003
- Chinese Medical Qigong Therapy Volume 1: Energetic Anatomy and Physiology 2003

The Microcosm and the Macrocosm: The Doctor-Patient Relationship in Modern Medical Qigong Therapy Doctoral Thesis under Professor Jerry Alan Johnson – International Institute of Medical Qigong, Pacific Grove, CA. 2003